

PHYSICAL EDUCATION

PARENTS OF CHILDREN IN GRADES K-4

All children will need to wear a shirt that tucks in and shorts, slacks, or sweatpants on Phy. Ed. days. They must wear socks and inside gym shoes that tie for safety (NO hiking boots, zipper or platform tennis shoes). Because we will be going outside throughout the school year, children will also need outdoor clothing.

Students must have a written note from parent/guardian or a doctor's excuse to be excused from Phy. Ed. class.

Phy. Ed. days: Monday and Wednesday

PLEASE COMPLETE BOTTOM OF FORM AND RETURN BEFORE THE FIRST PHY. ED. CLASS.

(REMEMBER: YOUR CHILD WILL NOT BE ALLOWED TO PARTICIPATE IN PHYSICAL EDUCATION CLASS UNLESS THE BOTTOM PORTION IS FILLED OUT AND SIGNED BY A PARENT/GUARDIAN.)

Please state if your child has any type of health condition that would be aggravated by physical activity (asthma, allergies, etc.).

Child's name

Grade

CHECK ONE:

No Restrictions Health Condition – Please explain:

Parent/Guardian Signature

Date